



REBIRTH JOURNEY

RASPORED

1.DAN / 25.04.2024 / ČETVRTAK

WELCOME

17:00 - 18:00	Upoznavanje
18:15 - 19:15	Zvukoterapija
19:15 - 20:45	Večera

2.DAN / 26.04. / PETAK

HEART OPENING

08:00 - 09:30	Yin Yoga
10:00 - 11:30	Doručak
11:30 - 13:30	Mind Retreat (individualni rad)
14:00 - 15.30	Free time & Snack



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16:00 - 18:30 Cacao ceremonija
19:00 - 20:30 Večera

3.DAN / 27.04. / SUBOTA

GROUNDING

08:00 - 09:30 Yin Yoga
10:00 - 11:30 Doručak
11:30 - 13:30 Mind Retreat
(individualni rad)
13:30 - 14:00 Slobodno vrijeme
za istraživanje
okoline ili
opuštanje na
bazenu uz snacks



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5.DAN / 29.04.2024 / Ponedjeljak

TASTE OF ISTRIA

08:00 - 09:30	Yin Yoga
10:00 - 11:30	Doručak
11:30 - 13:30	Mind Retreat (individualni rad)
14:00 - 17:00	Degustacija maslinovog ulja
17:00 - 19:15	Slobodno vrijeme
19:15 - 20:30	Večera

6.DAN / 30.04.2024 / Utorak

SERENITY

08:00 - 09:30	Yin Yoga
10:00 - 11:30	Doručak



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12:00 - 13:00	Face Yoga
13:30 - 18:00	Ručak u Rovinju
19:00 - 20:30	Snack time
20:30	Gost iznenađenja

7.DAN / 01.05 / SRIJEDA

TRAVEL

08:00 - 09:30	Yin Yoga
10:00 - 11:30	Doručak
11:30 - 13:00	Meditacija i odlazak

Lea Gobo

FENG SHUI & HEALING

leagobo.com/retreat